



Walking in the Spirit

Week 1: Romans 8

No Condemnation for those in Christ

Religion is my attempt to make it so I'm happy with God and God is happy with me. There are many ways that day in and day out we feel "in" or "out" of God. If we perform then we are "in" and if we don't then we are "out". Our entire worth and value are found in our performance. This is the way our world operates but not our Heavenly Father.

What are ways that you struggle daily or weekly with feeling "in" or "out" with anyone? Your business, your relationships, etc...

What are ways that you struggle daily or weekly with feeling "in" or "out" with God?

Read this definition of condemn:

To pronounce an unfavorable or adverse judgment on:

- a) to express strong disapproval of
- b) To censure, to cut out
- c) To sentence to punishment, to pronounce "guilty"
- d) To declare incurable

The precondition of Life in the Spirit is spoken about in Romans 8:1. **Read Romans 8:1**

What is the precondition to NO CONDEMNATION in this verse?

As long as you think in terms that "what I do" equates with my position with God, you will never know the power of "no condemnation in Christ".

What places in your life (your present, your past) that are hard to believe that there is no condemnation?

Read Romans 8:2

What is the reason that you are not condemned?

Does the reason you are not condemned have anything to do with what you do or don't do?

In what ways do you treat others under the system of "performance"? How does Romans 8:1-2 challenge you to treat others that are in Christ?

Read Romans 8:3

Not being condemned does not mean that we do not sin or have not sinned. If it did, again, it would be based off of what we do or don't do. But what has happened to sin? Will you still sin?

If I still sin, then what is the key to living a life that is uncondemnable?

If I still sin and know that I'm not condemned, then what is the key to stop sinning-or do I just keep on sinning knowing that I'm not condemned? (we will tackle this more in the weeks to come)

Spend time as a group praying for one another and praying over the things mentioned that people in the group feel condemned by. Ask God to help them to know the work of the cross.