



Walk in the Spirit
Romans 8:3-6
Part II: Walk in the Flesh?

What are things that you trust in everyday yet you don't understand how they work?

(examples: airplanes, computers, etc...)

Do you think it is possible to think on God, walk in Christ, and dwell on Him all day? Why or why not?

Mike made the statement, "You cannot live the Christian life! You were never meant to live the Christian life." **Talk about what he meant about this and if you believe it or not. Does this comfort or worry you?**

Read Romans 8:3-5

Paul uses the language "walk in the flesh" in this section. He describes as a failed approach to the Christian life. In other words, "walking in the flesh" simply means "to trust in my strength and my determination to bring about whatever changes I want to take place."

What are ways you live that you hope will keep God happy with you and bring about changes you want to see happen?

Another definition of "walking in the flesh" is "retaining control of my life, giving primary consideration to my needs, my appetites, and my fears when making decisions, interacting with others, and setting life goals."

Where are you tempted to make decisions with your own needs in mind first? What is most fearful for you to lose control of in your life?

When we lose control of our lives, it is very scary and we believe it will ultimately lead to our downfall. So, we keep control. But Romans 8:6 tells us something different.

Read Romans 8:6 and talk about what is most fearful for you to lose control of in your life and how this verse might allow you to let it go.

Even when we let go, we will only do it in a manner that we can figure out. If you are left with the question, "I don't know how to let go of this..." then you are at the starting point of "walking in the Spirit". That's where you need to be. Don't try to figure it out.

Read Galatians 3:3 and end your time with simply praying, "God, I can't live the Christian life. I don't know how to give you control of (name the area). So, I simply say, I give it to you and trust you to help me daily to know how to walk in the Spirit. Please teach me how to depend on you and not my own ways. I can't Lord, BUT you can! Amen"