



Lake Forest Church

Weekly Discussion Questions

Romans 8: Walk in the Spirit

Week 3: Romans 8: 5-8

Read Romans 8:5-6

After reading this passage, what stands out to you?

In this passage, Paul shows clearly that there are two types of people in these verses. Contrast those who live according to the sinful nature and those that live in the Spirit. What is different about each group?

What is the criteria that Paul gives for someone knowing they are controlled by the Spirit?

What are the different names he gives this Spirit?

The video we watched this morning talked about the difference between being “directed” by the Spirit and being “led” by the Spirit.

What would it mean if “Walking in the Spirit” meant that the Spirit is our “director”-he points out to go “here”, to go “there”?

How would it be different if walking in the Spirit meant that we are “led by the Spirit”?

Mike said this morning that walking in the Spirit is not a set of rules, it’s an approach to life. Romans puts it this way: *“Those who walk in the Spirit have their minds set on what the Spirit desires...the mind in the Spirit is life and peace.”*

In what ways do you set your mind on what the Spirit desires? How is this different from following a set of rules?

Charles Stanley gave this definition of walking in the Spirit: “Living your life sensitive to and dependent upon the inner promptings and empowerment of the Holy Spirit, to do what otherwise you couldn’t do.”

When have you seen the “inner promptings and empowerment of the Holy Spirit” enable you to do something you knew you just couldn’t do?

Where are places in your life that in your mind you believe, “I know I need to do this but I just can’t”?

Verses 7-8 talk about being “controlled” by the Spirit or “controlled” by the flesh. This is a bad translation of the Greek word used here. The better translation is “led”. How is this different?

The main point in this section is that the Spirit of God is relational. We are in relationship with God’s Spirit and not just “controlled”, “forced”, “directed”, but led. What difference does it make to know that we are “Walking in”; “Walking with”; “in relationship with God and his Spirit?”