

Down to Earth  
December 27, 2009  
Michael Flake: New Years Resolutions

Talk as a group about past New Years Resolutions. Which ones did you have success with and which ones did you not have success with?

What New Years resolutions are you hoping to have this year?

Michael gave us 3 major points to think about as you make goals for 2010:

**1) Make your goals an act of worship**

**Read 1 Corinthians 10:31**

In thinking about goals you want to set in 2010, how can they practically be acts of worship?

In thinking about past goals you have set, were any of them “not” acts of worship? If yes, how so?

We should not have resolutions that go against God’s heart.

**2) Make Goals that are both measurable and immeasurable**

**Read Matthew 5:43-44**

In this, Jesus tells us something we can measure (love your enemies) and what we can’t measure (pray for those who persecute you).

Michael told us that the immeasurable part is our underlying motivation and the measurable holds us accountable.

What are examples of immeasurable goals? What are examples of measurable goals?

In thinking about past and hopeful future goals, talk about how you can make them measurable and immeasurable.

**3) Make goals compelling and not just interesting**

What is the difference between a compelling goal and just interesting goals? Give examples.

In thinking about 2010 goals, are your goals interesting or compelling? Talk as a group about one another’s goals and help make them compelling and not just interesting.

After listening to this mornings sermon, what goals are missing in your 2010 plans?

How, as a group, can you cheer one another on in meeting these goals?