



(Your name) _____ : My “Trellis”

The following “Rule of Life” is my “trellis”. I will cling to it as one way to keep God at the center of everything I do — to love my God with all my heart, soul, mind and strength and my neighbors as myself. This “trellis” provides grips for the kind of disciple I aim to embody, as well as a foundation for the relational culture I want to build and function within.

In simplicity: *“I long to **Know** Jesus and worship Him, **Grow** in my love for Him, **Show** His grace to others and **Go** to my community and to the world to tell them about their Savior.”*

To Know Jesus and Worship Him

Scripture — What are ways I currently spend time in Scripture and hope to continue?
What are new ways I hope to regularly be in Scripture?

Stillness—expressed in **Silence, Solitude and Sabbath**

What are rhythms I have that allow me to slow my pace of life?
What rhythms do I hope to embrace to allow my soul to catch up with my body?

Prayer — When and how do I spend time talking with God regularly?
When and how would I like my life to grow in this area?

Community— Where do I have my life around others? Who are people that know me well?
Who are people that I want to know me better? What will I do to make that happen?

To Grow in our Love for Jesus

Heart: Confession— When do I currently spend time confessing to God places I’ve broken my relationship with him?
What steps will I take to help keep my heart honest before God?

Mind: Study— How do I currently keep myself learning more about God’s love?
What steps will I take to continue growing my mind? What areas would I enjoy learning more about?

Soul and Strength — What am I currently doing to keep my body in good condition? Eating, exercising, playing?
What do I need to do to put or keep good habits of eating, exercising, and playing in my life?

To Show Jesus to One Another

Salt— What commitments do I currently live by to put off ungodliness and put on compassion, humility, and gentleness?
What are areas of ungodliness in my life I need to put “off” and ways of godliness I need to put “on”?

Servants— In what ways do I currently give of my time and gifts as a sacrifice for others?
What gifts do I have that I am currently not using to sacrificially serve others?

Stewards— To what degree would I say money controls decisions in my life? Do I believe all that I have is God’s or mine?
How do I currently give and in what new ways would I like to give financially to the work God is doing?

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To Go into our Culture and the World

Interruptible— Who are people in my life that don't yet know Christ that I make time for?
Who are people in my life that I need to make time for?

Praying and Participating— In what ways do I currently pray and participate in the work God is doing around the world?
How would I like to see God use me in this next year in participating with what he is doing?

Healthy family— What are things I do intentionally to make sure that I have healthy relationship with those in my family?
What are places in my family that I need to take steps to bring healing and/or keep healthiness?

LFC Leadership “Trellis”

The following “Rule of Life” is our ‘trellis’. We will cling to it as one way to keep God at the center of everything we do — to love our God with all our heart, soul, mind and strength and our neighbors as ourselves. This “trellis” provides grips for the kind of leadership we aim to embody, as well as a foundation for the relational culture we want to build and function within. In simplicity: *“We long to **Know** Jesus and worship Him, **Grow** in our love for Him, **Show** His grace to one another and **Go** to our community and to the world to tell them about their Savior.”*

To Know Jesus and Worship Him

Scripture — Our lives are built on the Word of God. It is our food and primary means of revelation from him. We commit to spend time each day in Scripture, seeking God's face, dwelling in his presence and praying out of his Word.

Stillness—expressed in **Silence, Solitude and Sabbath** — Along with building silence and solitude into our daily routines, we will also attempt to grow in our Sabbath by practicing an extended period of time regularly during the year.

Prayer — We will pause to be and speak with and hear God two to three times a day to remember Him, spending time in communion with Him, preferably with Scripture, silence, meditation and prayer.

Community—We will commit to being in relationship with others that are committed to spurring us on in our walks with Christ. As we lead others, we will have others that will lead us. These relationships will be a community group, a men's or women's group, mentor, counselor or mature friend depending on each person's unique needs and season in Christ. We are also committed to faithfully gathering weekly with the rest of the body of LFC in communal worship of our God.

To Grow in our Love for Jesus

Heart: Confession—Ephesians 4 tells us not only to put on the new self but also to put off the old self. This includes practicing the discipline of confession. Regularly, we will confess the areas of our lives in which God's grace has yet to penetrate and remove that are sinful to him. We confess them realizing they are displeasing to Him but assured that his grace is sufficient until they are gone.

Mind: Study— We are constantly growing and taking steps to keep learning about Jesus, as well as learning about our unique values and particular area of calling. We commit to remaining teachable and in the attitude of not “having it all figured out.”

Soul and Strength — We are committed to a spiritual formation model that embraces our whole person, including the emotional and physical components of who we are as image bearers of God. We understand the stewardship of our emotional and physical bodies is also part of our discipleship and modeling. We seek to regularly care for our physical temples through healthy eating habits, consistent exercise, and sufficient amounts of sleep, respecting our God-given limits. We also commit to playing and practicing recreation. We humbly commit to seeking help when we emotionally or physically are in areas that are unhealthy.

To Show Jesus to One Another

Salt— We embrace the skills and behaviors that put feet on our theology and follow the guidance of Paul in Colossians 3: putting to death things like “sexual immorality, drunkenness, lust, evil desires and greed; ridding ourselves of anger, rage, malice, slander and filthy language.” Instead we will clothe ourselves with “compassion, kindness, humility, gentleness and patience—forgiving as our Lord has forgiven us.” This is the way we commit to engaging one another and relating in all of our relationships.

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Servants—We have each one been equipped with unique gifts to build and serve his church. Serving is a response to the love and grace we have been given through Jesus and not about “getting busy”. We commit to using our gifts sacrificially, participating in the attitude Christ displayed in Philippians 2-being broken and poured out.

Stewards — We model percentage giving (using the tithe as a minimal guideline) in giving to God’s work. We commit to managing our material resources in a manner that honors God and avoids the traps and enticements of Western culture. We commit to simplicity in our lives that God might use all resources He has given us for His kingdom purposes.

To Go into our Culture and the World

Interruption: We will remain aware and available for participation in mission of various kinds according to the calling and initiatives of the Spirit. By keeping our lives slower, we will be available for interruption and see it as being in the Missio Dei.

Praying and Participating: We commit not only to praying “for” but also being involved “in” the work God is doing in our community and in the world. We commit to calling those that we lead into this as well.

Healthy Family: We live in a culture of broken families and busy lives. Our greatest ministry is a commitment to do all that is necessary to keep our own families and relationships healthy. This includes realizing our ministry at home is as important as and in partnership with our ministry at LFC.